

SHOUT ABOUT YOUR VOLUNTEERING



My name is Valerie Wenham and volunteering changed my life when I worked for 30 years as the National Trust's disabled visitors' adviser.

I could not have managed without the help of many volunteers – including constant support from my husband, Peter – and Slim Flegg, who came to survey NT properties with us for several years.

When I retired I joined the Cricket Green Surgery's Patients Participation Group (PPG). I have been a patient at the surgery since moving to the Borough in 1978 and Secretary to the Group for about eight years.

PPGs are voluntary groups, helping surgery staff to provide, and patients to obtain, the best possible healthcare through discussions at regular meetings deliberating on local and national health issues.

A marked success is a free service provided by our chairman, Michael Barron, and my husband, to bring patients to and from the surgery if they are unable to get there by any other means. This is a useful and enjoyable task as the drivers meet many interesting people and gain a valuable perspective on the excellent services provided by surgery staff.

I Volunteer - Why Wouldn't You?