

SHOUT ABOUT YOUR VOLUNTEERING



Hi, my name is Clare and I live in Sutton. I started volunteering for Jigsaw4U three years ago. It is a Charity that supports children and young people in many different and varied ways.

My interest is with the grief support side, which helps children and young people through the difficult times following a bereavement.

It is incredibly rewarding to see the difference made by being able to share their experiences and by providing a place where feelings and emotions can be shared and supported.

It is a challenging role as you have to deal with some raw and painful memories. However with the help and guidance of the staff team that work at Jigsaw4U, who are always there to support their volunteers, I am hopefully able to provide the building blocks needed to allow the children to move on with their lives, lives that will be filled with positive and happy memories of those that have died.

I Volunteer - Why Wouldn't You?